

# 2-Person Tai Chi Matching Set

with Dr. Yang Jwing-Ming

Some Tai Chi  
Experience  
Required



The 2 Person Tai Chi Matching (aka Fighting) Set is a combination of techniques from pushing hands and the solo Taijiquan sequence, and it serves as a bridge connecting pushing hands with martial application.

Like pushing hands, it teaches students how to sense their opponent's actions and intentions. It also teaches footwork and how to set up your strategy, making your fighting skill more realistic and alive.

This course is recommended to those who are looking for a deeper understanding of the solo sequence and pushing hands.

Reference materials available in book and DVD form. Please see the Front Desk for details.

**This course enables practitioners ...**

- ✓ To understand how Taijiquan can be used for self-defense
- ✓ To better understand Pushing Hands
- ✓ To develop a sense of enemy
- ✓ To learn to strategize

Register  
Early &  
Save!

(12 weeks)

Classes start  
Tuesday, Nov. 7, '06  
7:05-8:05 pm

*Classes will not be held 12/12 thru 1/2 (4 Tuesdays)*

**Space Is Limited!**

## About Dr. Yang ...

Dr. Yang is a renowned writer and teacher of Chinese Qigong (Chi Kung) with over forty years of experience practicing and teaching this healing art. Born in Taiwan, he began his Qigong studies at the age of fifteen. He is the author of over thirty books on Qigong and the Chinese martial arts. Yang's Martial Arts is an international organization with over 56 branch and provisional schools located in the U.S. and abroad.



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