



A great holiday gift idea!

BEGINNER'S Kung Fu For Adults

4 week Introductory Special

Physical & Mental Benefits ...

- ✓ Learn Practical Self Defense
- ✓ Reduce Stress
- ✓ Improve Flexibility
- ✓ Increase Strength & Stamina
- ✓ Improve Balance & Body Awareness
- ✓ Increase Energy Level



Schedule of Beginners' Classes:

Attendance on all days is NOT required.

Mon.	Tue.	Wed.	Thur.
7:15-8:15 pm	6:30-7:30 pm	7:15-8:15 pm	7:15-8:15 pm

Schedule may be subject to change, call for updates.



Limited Time Offer

✓ 4 weeks of lessons plus uniform **\$ 69**
(\$129 value)

OFFER EXPIRES 12/31/11

New members only. Teens, depending upon age, may qualify. One offer per person. Call and ask for Mrs. Kiesel with questions.



Yang's
MARTIAL ARTS

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