

# Team Training Registration

For First-Time, Non-members, please also complete a Guest Info Form/Fitness Consent Waiver

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Best way to contact me  Phone: (\_\_\_\_\_) \_\_\_\_\_  Email: \_\_\_\_\_

I have read and understand the Policies below: \_\_\_\_\_ Date: \_\_\_\_\_

## Details/Policies:

- This session is 6 weeks in length.
- Workouts are provided in writing at the end of each session.
- Weigh in's and bodyfat measurements with the Omron are taken at the beginning and end of each session.
- MISSED CLASSES: Classes missed beyond our control and not made up during the 6 week session are forfeited when the 6-week session concludes and cannot be carried forward. **Credits and refunds are not offered for classes missed by participants unless the class is changed/ canceled by Yang's.**
- **Payments are non-refundable and non-transferable once session begins** barring medical absence with a doctors note.
- Any refunds are subject to a 10% processing fee.
- Non-members are welcome; however, the team training fee is for team training ONLY. It does not include use of the gym or other classes.
- Make-ups must be scheduled in advance, space permitting.

## 6-week session April 30 through June 9, 2018

# times/week	Total # of sessions	Cost	Registration for ....	Day(s) / Time(s)
Once	6	\$119	#1	
Twice	12	\$239	#1	#2
Three	18	\$319	#1	#2 #3

First-time participants will be contacted by a Coach for initial weigh-in and body fat measurements prior to the start of the session.