

Tai Chi SWORD

with Instructor Paul Blake

A great "follow up" class to Dr. Yang's Sword Basics Workshop on April 10th!

Enrollment in Dr. Yang's 4/10 workshop is NOT a requirement/pre-requisite.



This course will cover approximately the first 1/3 of the Sword Form. Some martial arts experience is helpful. All levels, those with prior sword experience will continue to progress in the sword form.

4-Week Session

Tuesdays, 8:00 - 9:15 PM

Apr. 17 thru May 8

No prior Sword experience is required but some Tai Chi is helpful.

Wooden sword required, available for purchase at Yang's (\$29).

For more info about Mr. Blake, visit:
www.YangsAndover.com



5 Dundee Park • Andover, MA • 978.475.2020

TO REGISTER, RETURN THE BOTTOM PORTION. Spaces are limited!

Name: _____ Birthdate: ____/____/____ Phone (____) _____

Address: _____ City: _____ State: _____ Zip: _____ E mail Address: _____

Are there any health or medical concerns (past or present) of which we should be informed? _____

How did you find out about this class? _____



| | Member* or non-member who attended Dr. Yang's 4/10/18 workshop | Non-Member |
|-------------------------------|---------------------------------------------------------------------------------------|--------------------------------|
| Sword | <input type="checkbox"/> \$ 59 | <input type="checkbox"/> \$ 69 |
| 4/17 to 5/8/18 | A minimum of 8 must be enrolled for course to take place so register soon! | |
| 4 weeks | <input type="checkbox"/> \$ 29 | Wooden Sword |

WAIVER OF LIABILITY

I, the undersigned, wish to participate in the exercise and training programs offered by Bodies In Motion, Inc. d/b/a Yang's Martial Arts & Fitness Center (Yang's). I understand that there are inherent risks in participating in a program of strenuous exercise, up to and including death. I understand that part of the risk involved in understanding any activity program is relative to my own state of health (physical, mental, emotional) and to the awareness, care, and skill with which I conduct myself in the activity or program. I understand that my choice to participate in any of these programs brings with it my assumption of those risks and results stemming from this choice.

I agree that Yang's shall not be responsible for any injuries to me resulting from my participation in the program. I expressly release and discharge Yang's, its owners, employees, agents, and/or assigns from all claims, actions, judgments, and the like which I or my heirs, executors, administrators, or assigns may have in connection with my participation in the program. The only exception would be an injury caused by the gross negligence or intentional act of such person or persons. This release shall be binding upon my heirs, executors, administrators, and assigns. I have read this release and I understand all of its terms. I sign it voluntarily and with full knowledge of its significance.

*Must be an active member of YMAA/YFC/YOAA during the time this workshops take place.

**NON-REFUNDABLE AND NON-TRANSFERABLE ONCE COURSE BEGINS.
REFUNDS SUBJECT TO A 10% PROCESSING FEE.**

Participant Signature (Parent/Guardian if under 18) _____

Date _____

OFFICE USE:

Date rec'd ____/____/____ \$ ____ via ____ taken by ____