



# 2018 Workshop taught by Dr. Yang Jwing-Ming with Kathy Yang

## Taijiquan 13 Postures & Energies



Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Best way to contact me:  Home  Work  Cell (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Do you have any health or medical concerns (past or present)? \_\_\_\_\_

Do you have any Qigong experience (not required)? \_\_\_\_\_

How did you find out about this course? \_\_\_\_\_



**April 14 & 15, '18**  
**Sat.: 10a-1p, (lunch) 3-6p**  
**Sun.: 9a-12p, (lunch) 2-5p**

Weekend Qigong	Member *	Non-Member
Pre-Register by By 2/28/18	<input type="checkbox"/> \$ 279	<input type="checkbox"/> \$ 319
After 3/15 Space permitting	<input type="checkbox"/> \$ 299	<input type="checkbox"/> \$ 339

*Non-refundable and non-transferable 7 days before workshop. Future workshop credit may be granted for absences due to medical reasons with a physician's note and under no other circumstances. All refunds subject to a 10% processing fee.*

*\* Must be actively enrolled in a Tai Chi/Kung Fu regular program at YMAA Andover or at a YMAA affiliated school ~ or ~ is an active Yang's Fitness Center member at the time this course takes place.*

**For non-member Group Discount, call and ask for Alex.**

**Online Registration Available:**  
[www.YangsAndover.com](http://www.YangsAndover.com)

Dr. Yang will also offer  
**Two (3)- Hour Workshops:**



**PUSH HANDS**



~ AND ~

**CHIN NA**

Joint Locks

**SWORD Basics**



Details at: [www.YangsAndover.com](http://www.YangsAndover.com)

**Register in person, online: [www.YangsAndover.com](http://www.YangsAndover.com), via phone (978.475.2020) with a credit card or MAIL to: Yang's Martial Arts, PO BOX 1894, Andover, MA 01810**

Check enclosed

Charge credit card #: \_\_\_\_\_ Exp: \_\_\_\_\_ SIC Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

### WAIVER OF LIABILITY

In consideration of services to be received as a participant on these premises, the undersigned hereby releases and forever discharges Bodies In Motion, Inc. d/b/a Yang's Martial Arts Assoc. and Yang's Fitness Center (Yang's), it's heirs, successors, administrators and assigns from any and all actions, cause of actions, liability, claims and demands upon or by reason of any damage, loss, injury or suffering known and unknown which may be sustained by participants named above in connection with and in the course of receiving the Yang's training and techniques on these premises, from the instructor or instructors, staff, official or employees of this association or any fellow students on the premises in connection therewith and within the course of taking training or lessons for the purpose designed in this application. He/She hereby waives all his/her rights to claims, actions, cause of action, demands for suit of loss, injury, damage, or suffering sustained as a result of anything other than gross negligence on the part of Yang's. As a precondition to admission, the undersigned represents that he/she is physically fit to participate in such training and techniques offered at Yang's. NOTE: All participants should consult with a physician prior to entering an exercise program or upon any changes in your health.

Signature (Parent/Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**OFFICE USE:**  
 Date rec'd \_\_\_\_/\_\_\_\_/\_\_\_\_ \$ \_\_\_\_ via \_\_\_\_ taken by \_\_\_\_