

**CURRENT and PAST STUDENTS!**

**ALL YMAA Shaolin Kung Fu\* & Taiji Students Are Invited!**

*All*  
Proceeds  
to benefit  
**YMAA**  
Retreat Center



Celebrating  
Come join **Dr. Yang Jwing-Ming** at YMAA Andover

**Friday, Sept. 29 starting at 5:00 pm**

## SHAOLIN

**WHO:** Adults, Teens & Juniors\* (Age 13+ who have completed LBC)  
From ALL YMAA Schools

**WHEN:** Fri., Sept. 29, 5:00 - 6:30 pm

**WHAT:**

- Demo by Andover Demo Team  
Instructed by Dr. Yang
- Warm-Up
- Basics (stances, kicks, hand forms)
- Lien Bu Chuan
- Q&A

**Pre-registration by donation: \$15**

Larger donations are welcome.

**Register  
Early!**

**Space  
is  
limited!**

## TAIJI

**WHO:** ALL Taiji students (with some YMAA Taiji experience)  
From ALL YMAA Schools

**WHEN:** Fri., Sept. 29, 7:00 - 8:30 pm

**WHAT:**

The YMAA Approach to Taijiquan  
Instructed by Dr. Yang

Review of the Long Form, Corrections  
and Changes will be analyzed.

**Pre-registration by donation: \$15**

Larger donations are welcome.

**The YMAA Retreat Center needs your support!**

**YMAA 35th Anniversary Special Classes with Dr. Yang**  Shaolin  Taiji **Donation \$** \_\_\_\_\_

**YMAA School Affiliation** (if not YMAA Andover): \_\_\_\_\_

Name: \_\_\_\_\_ Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Best way to contact me:  Home  Work  Cell (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Do you have any health or medical concerns (past or present) ? \_\_\_\_\_

**To register, stop by the YMAA Andover Front Desk or call 978.475.2020**

5 Dundee Park, Andover, MA 01810 ~ [www.YangsAndover.com](http://www.YangsAndover.com)

