



October 14, 2018 Workshops

I: 11 am - 1 pm Intro. to Qigong

II: 2 pm - 4 pm Stress & Pain Management



with Kathy Yang

Photo credit by Barking Rabbit Media, 2016

Name: _____

Best way to contact me: Home Work Cell (____) _____ Email: _____

Non-members please complete the info section below.

Address: _____ City: _____ State: _____ Zip: _____

Do you have any health or medical concerns (past or present) that we should know about? _____

Do you have any Tai Chi, Qigong or Yoga experience (not required)? _____

How did you find out about this course? _____

	Member*	Non-Member
<input type="checkbox"/> Intro. to Qigong 11 am - 1 pm	By 10/4 Per workshop <input type="checkbox"/> \$ 49	<input type="checkbox"/> \$ 59
<input type="checkbox"/> Stress & Pain Mgt. 2 - 4 pm	BOTH workshops <input type="checkbox"/> \$ 89	<input type="checkbox"/> \$ 108
	After 10/4 Per workshop <input type="checkbox"/> \$ 55	<input type="checkbox"/> \$ 65

20-minute Private Consultations with Kathy on this day.

To schedule a consult, call 978.475.2020 or email Diana at: YangsAndover@aol.com

Workshop(s) \$ _____

Private Consult \$ **20**

Total \$ _____

Registration is non-refundable and forfeited 7 days before workshop. All refunds subject to a 10% processing fee.

**Must be actively enrolled in a Tai Chi/Kung Fu regular program at YMAA Andover or at a YMAA affiliated school ~ or ~ is an active YFC member at the time this workshop is offered.*

Register in person at 5 Dundee Park, Andover, MA 01810

Phone (978.475.2020) with a credit card

Online: www.YangsAndover.com

WAIVER OF LIABILITY

In consideration of services to be received as a participant on these premises, the undersigned hereby releases and forever discharges Bodies In Motion, Inc. d/b/a Yang's Martial Arts Assoc. and Yang's Fitness Center (Yang's), it's heirs, successors, administrators and assigns from any and all actions, cause of actions, liability, claims and demands upon or by reason of any damage, loss, injury or suffering known and unknown which may be sustained by participants named above in connection with and in the course of receiving the Yang's training and techniques on these premises, from the instructor or instructors, staff, official or employees of this association or any fellow students on the premises in connection therewith and within the course of taking training or lessons for the purpose designed in this application. He/She hereby waives all his/her rights to claims, actions, cause of action, demands for suit of loss, injury, damage, or suffering sustained as a result of anything other than gross negligence on the part of Yang's. As a precondition to admission, the undersigned represents that he/she is physically fit to participate in such training and techniques offered at Yang's. NOTE: All participants should consult with a physician prior to entering an exercise program or upon any changes in your health.

Signature (Parent/Guardian if under 18) _____

Date ____/____/____

OFFICE USE:
Date rec'd ____/____/____ \$ ____ via ____ taken by ____



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